

What is the Health Passport?

- ▶ The official state of New Mexico childhood immunization card.
- ▶ A simple way to see if your child is up-to-date with their shots.

What Should Parents Do?

- ▶ Keep the "Health Passport" in a safe place and bring it with you every time you take your child to the doctor.
- ▶ Ask your child's doctor about shots at every visit.

Common Questions About Vaccines

When is a child too sick to get a shot?

Children with a mild illness (like a cold or a slight fever) may still be vaccinated.

Is it bad for my child to get several shots at one time?

Experts recommend getting all the necessary shots at the same time. Protect your child as soon as you can!

What are the real reasons not to vaccinate?

Moderate or severe illness or a severe allergic reaction after a previous dose can be reasons not to vaccinate.

Remember, even if your child is fully immunized, he/she still needs periodic medical checkups to assess normal growth and development. Follow the schedule recommended by your child's doctor.

What is "Done By One" ?

Done By One is a campaign created by the Clinical Prevention Initiative Immunization Workgroup, a joint effort of the New Mexico Medical Society and the Department of Health. The goal of this campaign is the adoption by New Mexico healthcare providers of a simplified, yet comprehensive, childhood immunization schedule. The Health Passport promotes the *Done By One* schedule and provides parents with an attractive, user-friendly immunization record to cherish and keep.

The U.S. Centers for Disease Control and Prevention recommends certain vaccines by age two. In New Mexico, our experts recommend that instead of "due by two," we aim to be "Done By One" to ensure that our children will be protected as soon as possible.

For more information, call the
New Mexico Immunization Hotline at

1-888-231-2367

or visit our website at:

<http://www.health.state.nm.us/immunize/>

or the CPI page at

www.nmms.org



A New Mexico Approach to Childhood Immunization

The State of New Mexico Health Passport

Your Child's Immunization Record

CPI Clinical
Prevention
Initiative



NEW MEXICO
DEPARTMENT OF
HEALTH

The Health Passport is bright and colorful – making it easy to keep track of your child’s immunizations!

KEEP YOUR CHILD HEALTHY!

Use this card to record and help schedule immunizations necessary to your child’s well being. Following the recommended immunization schedule will protect your child from serious diseases. Bring this card with you each time you take your child to see a health care provider.

TOO SICK TO GET A SHOT?

Even if you think your child is too sick to get a shot, don’t miss a scheduled visit. If your child is too sick to get a shot, the child will need to see a health care provider anyway.

REAL REASONS NOT TO GIVE SHOTS

- Moderate or severe acute illness
- Diagnosed immune deficiency
- Severe reaction to a previous shot

SHOTS SHOULD BE GIVEN EVEN IF THERE IS:

- A mild illness, even with a fever
- A cold, ear infection, or diarrhea
- Mild reactions to previous vaccines
- Prematurity
- A pregnant or nursing mom
- Family history of seizures
- Allergies

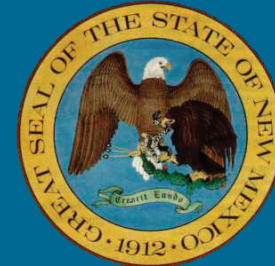


If you have questions, call the NM Immunization Hotline toll-free at:
1-888-231-2367
 or visit our web site at:
<http://www.health.state.nm.us/immunize/>

If you find this card, please return to:
 Immunization Program
 NM Department of Health
 1190 St. Francis Dr.
 Santa Fe, New Mexico
 87502-6110
 USA

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State of New Mexico HEALTH PASSPORT



NAME _____
 DATE OF BIRTH _____



Helpful information about vaccinating your child.

Call the NM Immunization Hotline if you have any questions

Place your child’s picture here to personalize the card.

The ‘Done by One’ Simplified Childhood Immunization Schedule

VACCINE	DOSE	0	1	2	3	4	5	6	7	8	9	10	11	12	18	24	36	48	60	DATE	CLINIC	NEXT NEEDED ON		
DIPHTHERIA, TETANUS & PERTUSSIS	1st																							
	2nd																							
	3rd																							
	4th																							
	5th																							
HEPATITIS A	1st																							
	2nd																							
HEPATITIS B	1st																							
	2nd																							
	3rd																							
HAEMOPHILUS INFLUENZA B	1st																							
	2nd																							
	3rd																							
	4th																							
INFLUENZA	1st																							
	2nd																							
	3rd																							
	4th																							
	5th																							
	6th																							

Shaded boxes show the age in months when immunizations are needed

VACCINE	DOSE	0	1	2	3	4	5	6	7	8	9	10	11	12	48	DATE	CLINIC	NEXT NEEDED ON						
MEASLES, MUMPS & RUBELLA	1st																							
	2nd																							
PNEUMOCOCCAL CONJUGATE (PCV-7)	1st																							
	2nd																							
	3rd																							
	4th																							
POLIO	1st																							
	2nd																							
	3rd																							
	4th																							
ROTAVIRUS	1st																							
	2nd																							
	3rd																							
VARICELLA	1st																							
	2nd																							
ADOLESCENT SERIES 11-12yrs																								
HUMAN PAPILLOMA-VIRUS	1st																							
	2nd																							
	3rd																							
MCV4*	1st																							
Tdap'	1st																							

Additional immunizations are needed in adolescent years!

Check if your child’s shots are up-to-date by placing a ruler at your child’s age – has he/she had all the shots in the colored boxes to the left of the ruler?